

# 2026 HBEAA Homeschool Conference Workshops: Azalea Classroom (2<sup>nd</sup> Floor)

<p><b>9:30AM</b>  <b>Homeschooling in Minnesota</b>                  By: Missy Rossing                  Executive Director, HBEAA</p> <p>Are you new to homeschooling or thinking about getting started? If you want to know more about homeschooling, resources, and Minnesota's requirements, this workshop covers it all. The session will be run in a Q&amp;A style.</p> <p>Missy Rossing has been the Executive Director of HBEAA since 2019. She has been homeschooling her six kids for over a decade and was a secondary math &amp; English teacher prior to her mom-life. She's looking forward to answering your questions in this session!</p>	<p><b>11:00AM</b>  <b>Movement Class*</b>                  By: Adrienne C. Caldwell                  Master Bodyworker &amp; Educator,                  One Body Education, LLC</p> <p>Join One Body Education for 45 minutes of movement exploration that identifies anatomy and breath connections. We will take time to explore our feet, hips, ribs, and shoulders. All ages are welcome. Ages 10 and under need to have a supervising adult in attendance and participating. All abilities welcome. The instructor, Adrienne, is happy to accommodate you where you are in your movement practice. Come learn about your amazing body through movement and breath!</p> <p>Adrienne C. Caldwell is a certified movement instructor, yoga practitioner, and total anatomy nerd. They currently work at the SuNu Wellness Clinic in Minnetonka as a bodywork therapist supporting all ages and stages at the table and mat. They are trained in 14 modalities of care and certified in 11 of those modalities. Their business One Body Education is their outlet to share their love of movement and bodywork with the public and professional bodyworkers. They have been privileged to teach internationally, as well as at home in Minnesota. Adrienne has had the honor of serving the community as a professional bodyworker for 20 years.</p>	<p><b>12:30PM</b>  <b>Homeschooling Children with Special Needs</b>                  By: Melissa Brinkman                  Accrediting Coordinator, HBEAA                  &amp; Megan Maly                  Accreditor, HBEAA</p> <p>This workshop will help parents navigate homeschooling children with different and/or special needs in Minnesota. It will be run in a Q&amp;A style, so you can ask about legal requirements, curriculum choices, support resources, and ideas for creating a successful learning environment. We welcome discussion on shared experiences!</p> <p>Melissa Brinkman has been the Accrediting Coordinator of HBEAA since 2018 and was an Accreditor prior to that. She has a degree in elementary education and homeschooled both of her children for nearly their entire school careers. Melissa has assisted many families on their homeschooling journey.</p> <p>Megan Maly is a HBEAA Accreditor and homeschooling parent. She has over 20 years of experience working with families and children. Her purpose is to advocate for her children and any other families on their journey as home based educators.</p>	<p><b>2:00PM</b>  <b>Homeschooling High School &amp; Postsecondary Enrollment Options (PSEO)</b>                  By: Missy Rossing                  Executive Director, HBEAA</p> <p>Missy will answer your questions about the ins and outs of homeschooling in high school including topics ranging from titles and credits to required subjects, college planning, and driver's education. Attendees are also invited to ask about Minnesota's Postsecondary Enrollment Options (PSEO) program, including the admissions process, placement testing, and more.</p> <p>Missy Rossing has been the Executive Director of HBEAA since 2019. She has been homeschooling her six kids for over a decade and was a secondary math &amp; English teacher prior to her mom-life. As an experienced home educator of high school students and parent of four PSEO students, she is looking forward to providing guidance and answering your questions.</p>
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\*The Movement Class will be held on the Keating Terrace unless there is inclement weather, then it will be in the Azalea Classroom.